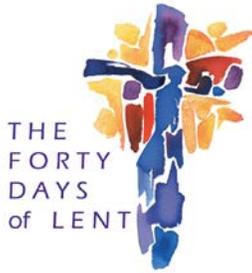


Journey Pages

CONNECTING, GROWING AND SERVING FOR GOD'S SAKE FOR OVER A HUNDRED YEARS

574 S. SHELDON ROAD, PLYMOUTH, MI 48170



*Good Morning and
Welcome to
St. John's Plymouth!*

We are glad you are here and hope you have a great worship experience with us today. Our faith tradition is known by a motto seen on signs in big cities and small towns across the country: *"The Episcopal Church Welcomes You."* Our community takes that phrase to heart, opening our hearts and our worship to everyone, especially those who may have been turned off by or turned away from previous church experiences for any reason.

St. John's is a community built on varied backgrounds and faith experiences; we love our tradition and rituals, but we love people even more. We are committed to opening our doors as wide as possible because we pattern our lives after Jesus' teachings and his message of radical welcome and inclusive love.

If you are visiting for the first time, we are happy that God led you to this place and hope that you will return again. We suggest you visit 3-4 times, this Sunday may be different from the next!

We would like to *thank you* for visiting! Please fill out a "Get Connected" card found in the pews. We also suggest you visit our website for more information about our community.

AUMBRY LIGHT & ALTAR FLOWER DEDICATIONS



TODAY'S AUMBRY LIGHT DEDICATION
In Memory of Larry Fleming

A MESSAGE FROM PASTOR DANA

*O Gracious One,
enlighten, we pray,
this darkness that surrounds us.
Break the bonds that tie us to the shadows
and lift us from the tomb of our own creation.*

I had a meeting with our senior warden, Mark Eissler, one evening after the big snow. It was at his home. I had not been to his home before, and it was dark. I mistakenly ended up in the driveway of his neighbor across the street. They must have been away in some warm sunny place, because their driveway was not shoveled. (I admit I was curious about why Mark or Laurie didn't shovel their driveway. I figured it was a casualty of how busy a senior warden can be.)

Needless to say, I got stuck. I found myself going back and forth, back and forth, rocking in the snow, until I was finally able to maneuver my Escape to the side, out of the rut I had dug for myself, and gain some traction.

This is the image that comes to my mind after yet another insane shooting in a public school, this one in Parkland, Florida. To even talk about it and what we should do about these things in our polarized political climate feels like rocking back and forth in that snowy driveway, getting nowhere except to dig ourselves deeper and deeper into the rut - the tomb of our own creation. How will we ever manage to gain some traction?

One reason I engage a centering prayer practice is to help me "be the change" I want to see in the world. In a culture of polarization, anxiety and emotional reactivity are very high. We react to reactions, and then we react to more reactions until we really don't even know what we are reacting to - except that we are driven to "keep the car rocking back and forth."

Centering prayer helps us learn to slow down our reactivity. By regularly practicing letting go of thoughts, which is where anxiety and reactivity live, space is created between stimulus and response. In that space, in the prayer practice, we consent to God's presence and action

(continued on next page)

A message from Pastor Dana *(continued)*

within. Because of the practice, like a musician, when it's time to "perform," we're more likely to be able to do it: to access that space between stimulus and response, to be more intentional about what that response might be, and to gain some traction.

Contemplative Outreach is sponsoring a "United in Prayer Day" dedicated to healing violence, on Saturday March 17. You can find out more about it by googling "United in Prayer Day 2018 -- Dedicated to Healing Violence" and discover resources by which you can participate.

Let me know if you are drawn to organizing a communal event at St. John's at 734-765-1141 or pastordana@stjohnsplymouth.org.

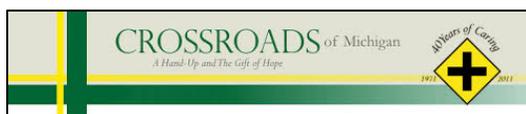
Faithfully,
Pastor Dana

Congregational News

Confirmation

CONFIRMATION CLASSES FOR ADULTS & YOUTH

Spark your faith! Pastor Bruce will be offering confirmation classes each Sunday at 11:15am beginning March 4-May 6 (no classes March 25-April 8). Bishop Gibbs will confirm those who've completed classes on Tuesday, May 15 at 7pm at St. Paul's in Brighton. Youth and adults are also invited to a confirmation pilot program retreat, *Inspire*, sponsored by the Diocese on March 2-3 at 6:00pm Friday through 5:15pm Saturday at the Emrich Retreat Center in Brighton. For inquiries, contact Eric Travis at etravis@edomi.org.



CROSSROADS SOUP KITCHEN ~ SUNDAY, MARCH 18 20 VOLUNTEERS NEEDED

We will be going to Crossroads on Sunday, March 18 to serve chili, hot dogs and cookies to about 500 of our less fortunate brothers and sisters. We will package utensils, cookies and preparing the meal. Here is how to help:

- Sign up to serve at Crossroads Sunday morning March 18. Plan to arrive at the soup kitchen at 2424 W. Grand Blvd. by 9:00am or you may carpool from the church at 8:30am. We work until noon, and you may stay longer to help serve if you wish. If you have never done this before, give it a try, it is very rewarding!
- Donate cookies. Put them in the cookie bin in the hallway
- Sign-up on the Sign-Me-Up board in the hallway

Contact Dick Bass 248-477-8481 or dickbass1943@gmail.com with questions.

Congregational News

THANK YOU, PHYLLIS!

Our parish administrator, Phyllis Ikegami, has resigned effective March 31, when the full-time position she holds reverts to a part time parish office manager position. We are grateful for Phyllis's grace and professionalism as we all navigate the challenge of this "transition within a transition." We hope you will stop in the office and express your thanks to Phyllis for her faithful service to St. John's these past two plus years. On Sunday, March 18 the vestry invites you to a reception/coffee hour in her honor, following the 10am service, to thank Phyllis and bid her a fond farewell. Please join us!



THE OTHER SIX DAYS – SERMON DISCUSSION GROUP SUNDAY MORNINGS AT 11:15AM



"The Other Six Days" (or *what do we do with what we learn in church for the rest of the week?*). Sometimes wouldn't it be good to talk with others about that Sunday's sermon? Bring your coffee and snack along to the conference room (in the hallway next to the sanctuary).

Questions can be directed to Betsy Sole at 734-420-6973 or fredandbetsy41@gmail.com.

JESUS AND HIS JEWISH INFLUENCES

The Saturday morning men's will begin a new series "Jesus and His Jewish Influences" beginning Saturday, March 17. The series is for anyone interested in understanding the profound effect Jesus had on the world - what made Jesus Jesus. The series will continue through June 2 (no study March 31 or May 26), then resume for another 14 sessions after the summer break in September. Saturdays begin at 7:30am with coffee and bagels, the study begins at 8:00am. The group is open to all men!

VOLUNTEERS NEEDED!



Coffee Hour Hosts: Coffee Fellowship Hour (after the 10am service) is a great way to connect with and/or meet new members of the St. John's

community. There are simple steps to follow when hosting coffee and social hour. We need hosts for March 11 and beyond. Sign-up on the Sign-Me-Up board or contact Lana Klosterman at 248-449-5059 or Lana.klosterman@hpe.com.

Communion Bread Baking: We need several volunteers to make communion bread which can be made in a single recipe or multiple recipes and stored in the church freezer. Please contact the office if you are willing to bake or organize this ministry. The recipe is available on the Sign-Me-Up board in the hallway or on the website under the "Publications/Resources" tab.



Lenten OPPORTUNITIES

EVENING PRAYER SERVICE & FAITH STORIES AT 7:00PM

We will celebrate Wednesdays in Lent with Holden Evening Prayer which will also feature faith stories from members:

- February 28: Joe Sabo
- March 7: Becky Nickels
- March 14: Teri Long
- March 21: Howard Zuckerman



We will also continue Wednesday Prayer & Healing Services on Wednesdays but will be at 12pm during Lent.

LENTEN SOUP SUPPERS

WEDNESDAYS THROUGH MARCH 21 AT 6:00PM

Remember when we had Sunday night soup suppers and people signed up to bring soup, salad, bread or just something to contribute?



During Lent, there will be a Wednesday night soup supper before the Evening Prayer Service. Look forward to a night off cooking dinner, a chance to get to know each other better, and after supper, most importantly, join the evening prayer service and hear St. John's members share how God is at work in their lives.

WE ARE IN NEED OF BOTH COORDINATORS AND FOOD DONATIONS! If you are willing to coordinate one of the dinners, contact Betsy Sole at 734-420-6973 or fredandbetsy41@gmail.com.

LENTEN PRAYERS

Prayers are woven through our community in many different ways; each of us unique in the way we pray. This Lenten season, St. John's offers many options to help connect with God...bible studies and weekly scripture discussions, confirmation classes, centering prayer small groups, the Lenten meditation booklet, and our weekly prayer list included in our Journey Pages. **Our Prayer Loom in the Narthex is another way you may share your prayers with God and others in our community.** Write your prayer on a tag that is provided and tie to the prayer loom.

LENTEN MEDITATIONS

You are invited to take a Lenten Meditations booklet along with one of the Lenten Opportunities pamphlet on the table in the front hallway.



PALM CROSS MAKING & BREAKFAST FRIDAY, MARCH 23 AT 9:00AM



Mark your calendar for the Altar Guild's annual Palm Cross Making and Continental Breakfast event on Friday, March 23 at 9:00am. Bring yourself, a friend and a pair of scissors. No experience needed! Sign up on the Sign-Me-Up board in the hallway.

PROMISE, BLESSING and TRANSFORMATION

WEDNESDAYS THROUGH MARCH 14
9:30AM AND/OR 8:00PM

Each week during Lent our Sunday readings lift up God's covenantal and renewing ways with Israel, and then we hear something about Jesus' way of the cross and the obedience of discipleship. It's a stark contrast. Celebration of covenant. Call to follow the way of the cross. Joy and suffering. Faith and discipleship. Dying and rising. Even before the "paschal mystery" is joyfully proclaimed at Easter, all of the signs of its meaning are here in Lent. We will be "digging in" to these Scriptures and their themes in small group study. This study will double as an "Inquirer's Class" for those interested in exploring baptism and/or membership at St. John's. Please sign-up on the Sign-Me-Up board in the hallway.

CENTERING PRAYER SMALL GROUPS

TUESDAYS FROM 5:30-6:45PM OR
WEDNESDAYS FROM 9:00-9:30AM

These small groups will include a "sit," a teaching, and opportunity to share about your CP practice. Centering prayer is a method of silent prayer that is both a relationship with God and a discipline to foster that relationship. If you haven't taken the introduction workshop you may still participate in one of these small groups. Introductory brochures are on a table in the entrance hallway. More info is also available at www.contemplativeoutreach.org.

LENTEN ART CLASSES PRESENTED BY DANISA SALTARELLI

THURSDAY EVENINGS ~ MARCH 1, 8, & 15 ~ 6:30-8:30PM

Acrylic painting is fun and easy to learn! The cost of each class is \$20.00 payable that evening. **Class size is limited to 12 so sign up early on the Sign-Me-Up board.** Supplies are provided with the exception of old newspaper to cover tables. Dress in something old and comfy. Email Danisa Saltarelli (danisart1215@gmail.com) with questions.



HOLY WEEK WORSHIP SCHEDULE



Palm Sunday	Sunday, March 25	8 & 10am
Maundy Thursday	Thursday, March 29	7pm
Good Friday	Friday, March 30	12pm
Easter Vigil	Saturday, March 31	8pm
<i>Cathedral Church of St. Paul, Detroit</i>		
Easter Sunday	Sunday, April 1	8 & 10am

service calendar

SERVING TODAY – FEBRUARY 25

Preacher Pastor Dana Runestad
Altar Guild Beth Wideman, Pat Sonntag,
 Danisa Saltarelli/Dawn Florkowski
Lay Ministers
 8:00 Susan Wainwright
 10:00 Howard Zuckerman, Becky Nickels,
 Michael Zuckerman
Acolytes
 8:00 Maya Crouse, Ryan Crouse
 10:00 Casey McCord, Maria McCord, TJ Rapson
Ushers
 8:00 Dee Fleming
 10:00 Patricia Ponte, Jane Libbing, Carolyn Setty

SERVING NEXT WEEK – MARCH 4

Preacher Pastor Dana Runestad
Altar Guild Diane/Jerry Cuper, Pat Sonntag,
 Penny Striegel
Lay Ministers
 8:00 Ralph Reeves
 10:00 Krista Dessin, Ken Sanders, Dick Bass
Acolytes
 8:00 Maya Crouse, Ryan Crouse
 10:00 Michael Zuckerman, Amelia Dowswell,
 Bennett Watson
Ushers
 8:00 Dee Fleming
 10:00 Dave Smith, Robert Hurley, Martha James

ST. JOHN'S PRAYER LIST



We offer prayers today for those who have requested inclusion on our prayer list. Add names at our prayer station in the Narthex. Prayers continue for 30 days.

Vicki G.	Lexy & Family
Meghan	Larry L.
Sharon M.	Donald W.
Richard Baldwin	Cheryl Crouse
John Culotta	Jon Eissler
Jeff Holland	Janis Kljun
Pat & Fred Nickels	Sindie Young
Family of Justin Rush	Family of Barbara Runestad
Family of Mary Kay Rust	

For those in uniform

Carly Bair, US Navy	Taylor Blair, US Army
Thomas Dolce, US Air Force	Joe James, US Army
Nate Jesgarz, US Navy	Matthew Mitchell, US Navy
Dylan Racine, US Army	Ian Smith, US Navy

THIS WEEK AT ST. JOHN'S

SUNDAY, February 25

Sunday Holy Eucharist8:00 & 10:00am
 Nursery (infant-3yrs)9:45-11:45am
 Sunday School.....9:45am
 Coffee Hour – Gathering.....11:15am
 SJP Choir Practice.....11:15am
 Joyful Noise Youth Choir.....11:15am
 Parent Small Group.....11:15am
 “The Other Six Days” Sermon Discussion.....11:15am

MONDAY, February 26

Narcotics Anonymous.....7:00pm

TUESDAY, February 27

Bible Study.....9:30am
 Food Pantry.....2:00-4:00pm
 Centering Prayer Small Group.....5:30pm
 Vestry Meeting.....7:00pm

WEDNESDAY, February 28

Centering Prayer Small Group.....9:00am
 Promise, Blessing & Transformation Class.....9:30am
 Prayer & Healing Service.....12:00pm
 Lenten Soup Supper.....6:00pm
 Handbell Rehearsal.....5:30pm
 Houseband Rehearsal.....6:00pm
 Holden Evening Prayer Service.....7:00pm
 Promise, Blessing & Transformation Class.....8:00pm

THURSDAY, March 1

OA Meeting.....8:30am
 Men’s Devotional Group (departs for St. Leo’s).....8:30am
 Priest Developer Diocesan Meeting.....10:00am
 Food Pantry.....2:00-4:00pm
 Lenten Art Class.....6:30pm

SATURDAY, March 3

Men’s Study & Fellowship.....7:30am
 Al Anon Meeting8:00am

SUNDAY, March 4

Sunday Holy Eucharist8:00 & 10:00am
 Property Commission Meeting.....9:00am
 Nursery (infant-3yrs)9:45-11:45am
 Sunday School.....9:45am
 Coffee Hour – Gathering.....11:15am
 SJP Choir Practice.....11:15am
 Joyful Noise Youth Choir.....11:15am
 Parent Small Group.....11:15am
 “The Other Six Days” Sermon Discussion.....11:15am
 Confirmation Class.....11:15am